



# Beach Play Day

## Background

In 1997 a collaborative effort between the California State Parks Police Activities League and California Police Activities League developed a unique event designed for California youth who rarely have opportunities for quality outdoor recreational and educational experiences. *Beach Play Day* is a comprehensive event offering beach related games, physical activities, environmental awareness programs, and an overnight campout for over 600 youth at one of Orange County's most popular beaches. The event broadens youth's awareness of opportunities that exist outside their immediate neighborhoods while spending time with positive adult role models. This event also focuses on promoting exposure to healthy living options including healthy food choices and recreation as a form of exercise. *Beach Play Day* provides youth with fun, challenging activities that build confidence, self esteem, awareness for the environment and healthy lifestyles.

Research has shown that in areas where youth are unsupervised during non-school hours crime rates tend to go up. Studies have also shown that youth who are involved in organized programs that are lead by positive adult role models tend to have a higher chance of growing up to be more resilient, responsible, and conscientious citizens. It is for these reasons that the State Parks Police Activities League is committed to providing high quality outdoor recreation and education programs for youth. By partnering with communities, schools, businesses, and other youth group organizations we have combined resources to provide the best possible experience. This enables youth to have a broadened view of the world around them and provides opportunities that they might not otherwise have.

## The Event

The eighth annual California State Parks and California Police Activities League ***Beach Play Day*** will be held at Huntington State Beach, located at 21601 Pacific Coast Highway, Huntington Beach, on July 27 and 28, 2005.

## SCHEDULE OF EVENTS

### WEDNESDAY, JULY 27, 2005

0830 – 0930	PALS arrive
0930 – 1000	Welcome
1000 – 1100	Surf Rescue Demo by CA State Lifeguards/ HBPD/ OCFA
1100 – 1200	Lunch
1200 – 1800	Activity Rotations
1800 – 1900	Dinner
1900 – 2100	Beach Dance Party
2100 – 2200	Campfires and good night campers!

### THURSDAY, JULY 28, 2005

0700 – 0830	Breakfast
0830 – 1000	Beach Flags Championships
1000 – 1100	Team Building Initiative and Beach Clean-up
1100 – 1200	Breakdown Camp and travel home



## The Participants

The youth participants are between the ages of 8 and 17 and are affiliated with Police Activities Leagues throughout California. The California Police Activities League is the fastest growing community service entity in the State of California. Since January of 1996, CAL PAL has grown from 48 members to over 110, serving youngsters from almost 300 different California cities and towns. More than 200,000 kids in California participate in CAL PAL programs.